
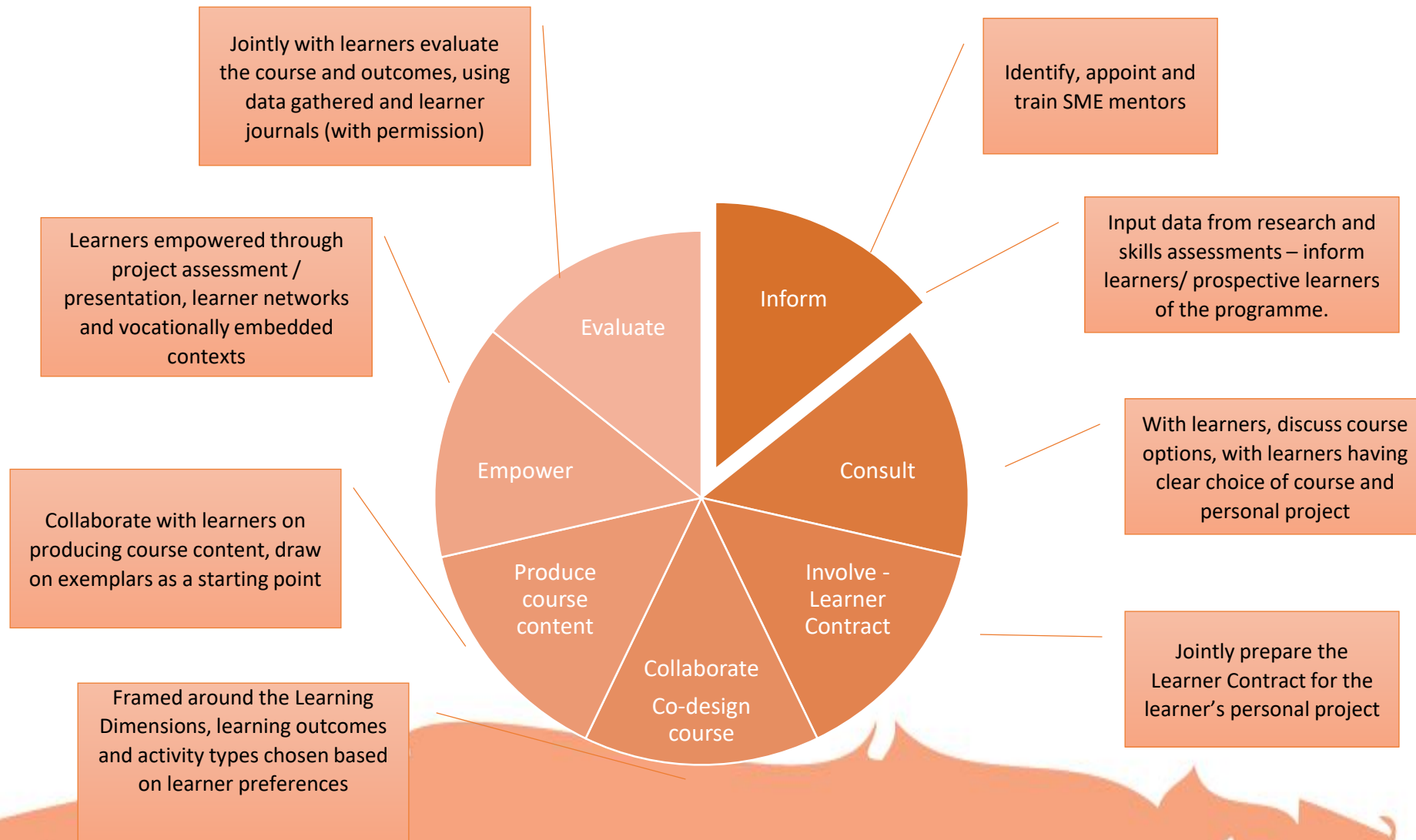


# Features of adult learning

- Learners' unique experiences shape what and how they learn
  - Learning builds on existing knowledge & experience
  - The learner's personal motivations to learn – knowing what they are
  - Self-directed, autonomous learners
  - Benefit through learning how to learn
  - Most learning in response to real-life problems
  - Learning as embedded to action & reflection
  - Reflection helps the learner see things in new ways – unique to them
- 



*The Skills Training Curriculum Framework methodological Engine*

# Dimensions of Learning

